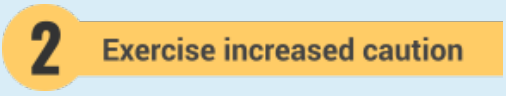
Travel Advisory
Nepal

Level



Reissued after periodic review with updates to risk indicators and "if you decide to travel" section.

Exercise increased caution in Nepal due to?the **potential for isolated political violence**.??

Country Summary: Political demonstrations intended to be peaceful can sometimes escalate into violence and may be met with force by Nepali authorities.

Read the country information page ?for additional information on travel to Nepal. ?

If you decide to travel to Nepal:

- Avoid demonstrations and crowds.
- Do not trek or climb alone. The Government of Nepal requires solo or foreign independent trekkers (FITs) to use a local guide or porter while trekking in Nepal's official national parks and protected areas.
- Review the Adventure Travel Page before your trip.
- Enroll in the Smart Traveler Enrollment Program (STEP) to receive Alerts and make it easier to locate you in an emergency.
- Follow the Department of State on Facebook and Twitter.
- Review the Country Security Report for Nepal.
- Visit the CDC page for the latest Travel Health Information related to your travel.
- U.S. citizens who travel abroad should always have a contingency plan for emergency situations. Review the Traveler's Checklist.