

# Travel Advisory

## Tanzania



Level

2

Exercise increased caution

*Reissued with obsolete COVID-19 page links removed.*

Exercise increased caution in Tanzania due to **crime, terrorism, and targeting of LGBTI persons**. Some areas have increased risk. Read the entire Travel Advisory.

Reconsider Travel To:

- Mtwara Region in southern Tanzania due to the **threat of terrorism**.

**Country Summary:** Violent crime, such as assault, sexual assault, robberies, mugging, and carjacking, is common. Local police may lack the resources to respond effectively to serious crime.

Terrorist groups could attack in Tanzania with little or no warning, targeting embassies, police stations, mosques, and other places frequented by Westerners. Please see the additional information below regarding the increased threat of terrorism in Mtwara Region.

Members of the LGBTI community have been arrested, targeted, harassed, and/or charged with unrelated offenses. Individuals detained under suspicion of same-sex sexual conduct could be subject to forced anal examinations.

Read the [country information page](#) for additional information on travel to Tanzania.

If you decide to travel to Tanzania:

- Always carry a copy of your U.S. passport and visa and keep original documents in a secure location.
- Be aware of your surroundings.
- Do not leave your food or drink unattended.
- Stay alert in all locations, especially those frequented by Westerners.
- Avoid public displays of affection particularly between same-sex couples.
- Enroll in the [Smart Traveler Enrollment Program \(STEP\)](#) to receive Alerts and make it easier to locate you in an emergency.
- Follow the Department of State on [Facebook](#) and [Twitter](#).
- Review the [Country Security Report](#) for Tanzania.
- Prepare a contingency plan for emergency situations. Review the [Traveler's Checklist](#).
- Visit the CDC page for the latest [Travel Health Information](#) related to your travel.

**Mtwara Region in southern Tanzania – Level 3: Reconsider Travel**

There have been reports of violence in Mtwara Region in southern Tanzania. Increased activity by extremists along the southern border has led to attacks against both government and civilian targets.