Costa Rica 2026 - Quiet Hour Ministries

Purpose : Children's Ministry / VBS, Community Service, Construction, Evangelism, Medical / Health Education

When: Jul 15 - 26, 2026

Summary

QHM is invited to partner with Wings of Life in the Nicoya Peninsula. This trip is supporting a long-term project growing relationships and improving health in several communities. Our team will work with the local church members in holding evening meetings, children's outreach, clinics, construction, and visiting people in their homes.

The Nicoya Peninsula is off-the-beaten-path with stunning natural landscapes rugged mountains, and a laid-back lifestyle. The area offers a variety of ecosystems with opportunities to view nature. You might see monkeys, coatis, sloths, parrots, and countless other birds and animals.

Sharing Jesus with people living in an isolated paradise is one of those unique experiences you will remember for a lifetime.

Click for more details or to apply: Costa Rica 2026 - QHM

Projects

Our team will work with the local church members in holding evening meetings, children's outreach, clinics, construction, and visiting people in their homes.

Lodging & Food

Your trip donation includes vegetarian means and double-occupancy lodging.

Health Notes

We recommend checking with your doctor for recommendations on vaccinations when traveling to Costa Rica. Please see the CDC website as a starting point.

Where	When	Type	Purpose

Costa Rica	Jul 15 - 26, 2026	Mission/Service	Children's Ministry / VBS, Community Service, Construction, Evangelism, Medical / Health Education

Cost	People Needed	Participants	Target Age	Skills
$2,600.00	1 - 10	Total: 15 (Denominational Employees: 0, Other: 15)	Target Age: Any	Skills: Any

Sponsored by Quiet Hour Ministries
630 Brookside Ave
Redlands, CA 92505, United States

Contact Evangelism Department, 909-793-2588, info@qhministries.org

Website https://qhministries.org/trips/costa-rica-2026/

Registration Closed

Signup here

Approval Status Approved Nov 25, 2025

Recorded Status Recorded Nov 25, 2025

Visiting	Wings of Life Costa Rica, Costa Rica
World Divisions	Inter-American Division
Host Contact	Keith LaRoy

Travel Advisory

Costa Rica

2 Exercise increased caution

Reissued with obsolete COVID-19 page links removed.

Exercise increased caution in Costa Rica due to **crime**.

Country Summary: While petty crime is the predominant threat for tourists in Costa Rica, violent crime, including armed robbery, homicide and sexual assault, occurs in Costa Rica. The Costa Rican government provides additional security resources in areas frequented by tourists.

Read the country information page for additional information on travel to Costa Rica.

If you decide to travel to Costa Rica:

- Be aware of your surroundings.
- Do not physically resist any robbery attempt.
- Do not display signs of wealth, such as wearing expensive watches or jewelry.
- Enroll in the Smart Traveler Enrollment Program (STEP) to receive Alerts and make it easier to locate you in an emergency.
- U.S. citizens should always exercise caution when traveling abroad.
- Follow the Department of State on Facebook, Twitter, and Instagram.
- Review the Country Security Report for Costa Rica.
- Prepare a contingency plan for emergency situations. Review the Traveler's Checklist.
- Visit the CDC page for the latest Travel Health Information related to your travel.